

SWIM LESSONS

Participant's Name _____ Birthdate _____ Age _____ Boy _____ Girl _____
 Member _____ Non-member _____ Last completed swim level _____ This year swim level _____
 Parents Names _____
 Address/City/Zip Code _____
 Home Phone _____ Daytime/Cell Phone _____
 Please list any medical conditions _____

***** WAIVER FOR PARTICIPANT BY PARENT *****

I agree to assume full responsibility for any risk implicit or direct by participating in any activity or facility. The City of Glidden does not provide individual, team, or group accident insurance for participants in parks and recreation activities. The individual mentioned above has my permission to participate. I also give permission for any photos of participants taken during the program to be used for future Department promotional materials.

Signed _____ Date _____
 Parent/Guardian

Member registration fee is FREE/non-member fee is \$20 per child if returned to the City Office by June 21st. *No registrations accepted after July 3rd. No refunds. May conflict with other recreation programs.*

OFFICE USE: Received	Check	Cash	Amount \$	Member #

*****CLIP AND SAVE*****CLIP AND SAVE*****

The Glidden Aquatic Center will hold a 1-week session of swimming lessons on weekday mornings from July 8th through July 12th. American Red Cross teaching guidelines will be followed. The child must show adequate ability to perform the same functions as required by the Red Cross. A completion certificate will be issued. If the child shows their capability to perform the required functions, they will pass to the next higher level for next summer. Our staff of lifeguards will do their best to ensure that each participant learns the necessary skills to help them become a better swimmer. **You will only be notified by staff if your child's class is full, time change, or the class is cancelled.** If you have any questions, please call the City Office at 659-3010. Listen to KCIM for weather cancellations.

- Ages: 3 and older (Level classes must be at least six years old)
- Class size: minimum of 6
- Session time: 11:30 – 12:00 a.m. PS A class/ Level 1 class
- 10:45 – 11:15 a.m. PS B class/ Level 2 class/ Level 3 class
- 10:00 – 10:30 a.m. PS C class/ Level 4 class/ Level 5 class/ Level 6 class



- Level Preschool A-B-C: Comfortable in water safely (3-4-5 years old)
- Level 1: Introduction to Water Skills (6+ years old completed Kindergarten)
- Level 2: Fundamental Aquatic Skills
- Level 3: Stroke Development
- Level 4: Stroke Improvement
- Level 5: Stroke Improvement
- Level 6: Personal Water Safety